



Benicàssim, naturally

In Benicàssim you can get out on the bike on its cyclo-tourism route or sail along its coasts in one of the boats from the Sailing School. Whether you prefer to go it alone or engage in team sports, compete or simply enjoy your favourite pastime, in Benicàssim you can do it all in an unbeatable natural setting.



USEFUL INFORMATION

EMERGENCY 112
LOCAL COUNCIL 964 300 962
LOCAL POLICE 964 303 500
CIVIL GUARD 062
BENICÀSSIM TOURIST INFO "CASA ABADÍA" (MAIN)
 Santo Tomás, 74 - 76. 12560 Benicàssim (Castellón).
 Tels.: (+34) 964 300 102 - 964 300 962
 Fax: (+34) 964 300 139 / www.turismobenicassim.com
turismo@benicassim.org - benicassim@touristinfo.net
BENICÀSSIM HIKING CENTRE (+34)628 117 060
ITINERANTUR (interpretative hiking) (+34)611 496 058
LA SÀRIA TOURISM (guided tours) (+34)635 120 029
GREEN LINES www.viasverdes.com

BIKE HIRE

ECOKM BIKES (+34)609 811 875
UJI BIKE (+34)663 221 206
ENERGY BIKE (+34)689 037 316
SPORTS HALL (+34)964 302 662 (free bike hire)

GENERAL RULES

- Respect the environment.
- Don't leave anything behind or take anything away with you.
- Don't light fires, and no smoking. Enjoy the clean air.
- Dogs must be on a leash at all times.
- In case of emergency, dial 112.

BENICÀSSIM'S SPORTS FACILITIES

PUBLIC FACILITIES

SPORTS HALL
 Tel/fax: (+34) 964 302 662
 C/ Torre San Vicente n.º 43
 E-mail: deportes@benicassim.org
 Facilities:
 Badminton - Basketball - Handball - Indoor football - Padel - Fronton - Multipurpose hall - Volleyball

"TORRE SAN VICENTE" MUNICIPAL FOOTBALL PITCH
 Tel/fax: (+34) 964 302 662
 C/ Torre San Vicente S/N
 E-mail: deportes@benicassim.org

"LA CARRERASSA" MUNICIPAL FOOTBALL PITCH
 Tel/fax: (+34) 964 302 662
 C/ Bulevar de la Via - PART. Mas dels Frares
 E-mail: deportes@benicassim.org

MULTI-SPORTS FACILITIES FOR YOUNG PEOPLE
 Tel/fax: (+34) 964 302 662
 Partida Mas dels Frares, s/n
 E-mail: deportes@benicassim.org

BENICÀSSIM "SEA SCHOOL" GENERALITAT VALENCIANA
 Avda. Ferrandis Salvador, 49
 Tel.: (+34) 964 303 251
 Fax: 964 304 104
 E-mail: escolesdelamar@gva.es

PARK WITH PLAYGROUND
 Plaza Joan XXIII

MUNICIPAL SWIMMING POOL
 Tel.: (+34) 964 302 527
 C/ Torre Sant Vicent, 41

ATHLETICS TRACK
 Tel/fax: (+34) 964 302 662
 Partida Mas dels Frares, s/n
 E-mail: deportes@benicassim.org

SMALL OPEN-AIR ATHLETICS TRACKS
 Tel/fax: (+34) 964 302 662
 C/ Torre Sant Vicent S/N
 E-mail: deportes@benicassim.org

TENNIS
 Tel/fax: (+34) 964 302 662
 C/ Torre San Vicente S/N
 E-mail: deportes@benicassim.org

SPORTS AREA ON THE BEACH
 Tel/fax: (+34) 964 302 662
 E-mail: deportes@benicassim.org

PRIVATE FACILITIES

INTURSPORTS TRAVEL SERVICES
 Tel: 964 343 701
www.inturportstravelservices.com

AULA REGIA DANCE SCHOOL
 Tel.: (+34) 678 363 33
 C/ Estatut

BENIKARTS RACING TEAM
 Tel.: (+34) 964 303 603
 Carretera Nacional 340, km. 987
 Web: www.benikarts.com

TORREMAR TENNIS CLUB
 Tel/fax: (+34) 964-300017
 C/ Madre Mª Antonia de Oviedo, 3

BENI-SPORT GYM
 Tel. (+34) 964 302 551
 C/ Els Dolors, 124

SPORT-SALUT GYM
 Tel.: (+34) 964 300 106
 C/ Il·lustració, 10

OXIFORM FITNESS CENTER
 Tel.: (+34) 964 300 980
 E-mail: oxyniu@hotmail.com
 C/ Secretario Chornet, 10

MAS DELS FRARES SPORTS CENTRE
 Tel.: (+34) 964 394 047 / 671 233 012
 Avda. dels Frares, 35
www.ripotenis.com

More activities at www.benicassimgusta.com

TOURISM APP BENICÀSSIM Play Store

INTERPRETATION CENTRE TORRE DE SANT VICENT Play Store

www.turismobenicassim.com

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active tourism



Benicàssim



active tourism

Benicàssim enjoys both excellent weather conditions and accessible landscapes, which means it offers visitors a range of sports activities all year round. Whether you prefer indoor sports or like to get out into nature via your sport of choice, Benicàssim is the place for you.



EDICIÓN 2/2021

CYCLO-TOURISM ROUTE



Benicàssim has a 16km circular cyclo-tourism route that will take you through all of the natural beauty spots and viewpoints. With hardly any gradient, it is suitable for old and young alike. It also has a number of resting points along the way where you can take five, or simply stop and enjoy the natural surroundings.

VÍA VERDE DEL MAR “GREEN LINE”



The old railroad that used to connect Benicàssim and Oropesa del Mar has been transformed into what is called a “Green Line”. Dotted throughout Spain, these routes are great for walkers and cyclists alike. Extending for nearly 6km, this one will take you through Benicàssim’s contrasting coastal landscapes.

As well as resting spots and panoramic views, the route runs through a Site of Community Importance: the area around Colomera tower is home to a flora and fauna microreserve devoted to preserving the biodiversity of native species.

SAILING SCHOOL



Located on Els Terrers beach, its facilities are fully-equipped for light sailing, windsurf and kayaking.

Opened in the mid eighties, the centre was the first sailing school established by the Generalitat Valenciana, the independent government of the Valencian Community.

It offers possible boarding school-type accommodation at the youth hostel Argentina ((+34) 964 558 400).

OTHER ACTIVITIES

You can also enjoy other sports activities, like bike hire, a grass football pitch, high performance gym, padel tennis courts, tennis, pelota...



ROUTES THROUGH THE NATURAL PARK



Some short kilometres away from Benicàssim is the Desierto de las Palmas natural park which, contrary to what its name might suggest, is rich in flora, fauna and fascinating geological formations. Beyond the obvious possibilities for ecotourism, a cultural element is added when you think that this site has been home to mankind since the Neolithic period. We also find the monastery of the Carmelite monks, Miravet Castle, Vell Castle, Montornés Castle and St. Mary Magdelene’s chapel.

With ten walking routes and three mountain bike routes to choose from, visitors can enjoy Benicàssim’s heritage against a stunning backdrop. The geological formation of this natural park is particularly interesting, with sandstone, limestone and slates combining to give this landscape both its characteristic colour and its abundant fertility which, in turn, explains the proliferation of unique plant communities.



SPORTS EVENTS



Benicàssim’s facilities and welcoming climate mean that many sports events are held here throughout the year:

10k-5k Sant Antonio festivities - January
 Benicàssim International Half Marathon - March
 Mediterranean Xtrem - MTB competition - April
 Open Beach Volleyball A2 - Torre San Vicente - June
 Bike Tour in the province of Castellon- June
 10K - 5k Benicàssim beaches - June
 Beach handball tournament - June
 Summer assisted sports activities -
 municipal sports center - July
 Beach rugby tournament (Miguel Mundo memorial) - July
 Bartolo trail - July
 Foot Volleyball Open Circuit - July
 Beach tennis tournament - July
 Boat race Benicat - July
 Benicàssim swim crossing - August
 10k Night - Benicàssim - August
 Beach tennis tournament - August
 Fishing contest - Petete Memorial - September
 Benicàssim tennis tournament - Torremar - September
 Winter assisted sports activities -
 municipal sports center - September
 Triathlon InfiniTriMan - October
 Taekwondo Open International - October
 San Silvestre de Benicàssim - December

