

Benicàssim, naturally

In Benicassim you can get out on the bike on its cyclo-tourism route or sail along its coasts in one of the boats from the Sailing School. Whether you prefer to go it alone or engage in team sports, compete or simply enjoy your favourite pastime, in Benicassim you can do it all in an unbeatable natural setting.



USEFUL INFORMATION

TOURIST INFO BENICÀSSIM CASA ABADÍA

C/ Santo Tomás 74-76 12560 Benicàssim (Castellón) Tel. 964 300 102 turismo.benicassim.es







TOURIST INFO BENICÀSSIM TORRE DE SANT VICENT (HIGH SEASON) Paseo Marítimo Bernat Artola s/n

TOURIST INFO BENICÀSSIM HELIÓPOLIS HIGH SEASON)

Av. Ferrandis Salvador s/n

GUIDED TOUR OFFICIAL PROGRAMME

Fun is just a step away! Discover Benicassim on one of our amazing range of tours, delving into the town's culture, rich indscapes and most emblematic places. Enjoy this unique

Tickets at Tourist Info Offices and at turismo.benicassim.es . Payment will be made by bank card exclusively. CENTRE D'INTERPRETACIÓ TORRE DE SANT

Av. Ferrandis Salvador, 1 Tel: 964 766 814 turismo.benicassim.es

PARC NATURAL DEL DESERT DE LES PALMES

www.parguesnaturales.gva.es/es/web/pn-desert-de-les-palmes

VÍA VERDE DEL MAR

www.viasverdes.com

611 496 058 / 964 30 19 13

CENTRE EXCURSIONISTA DE BENICÀSSIM

663	221	206
633	142	567
637	204	241
609	811	875
964	302	662
	633 637 609	663 221 633 142 637 204 609 811 964 302

GENERAL RULES

Leave the place cleaner than when you arrived Fire is the greatest enemy of mountains. Respect the historical-cultural heritage.

EMERGENCY 112 · LOCAL COUNCIL 964 300 962 · LOCAL POLICE 964 303 500 · CIVIL GUARD 062

BENICÀSSIM'S SPORTS FACILITIES

<u>PUBLIC</u> FACILITIES

C/ Torre de Sant Vicent . nº 43 Tel: 964 302 662 deportes@benicassim.org

Handball - Indoor football - iai Multipurpose hall - Volleyball

MUNICIPAL FOOTBALL PITCH ATHLETICS TRACK C/ Torre de Sant Vicent . s/n

Av. del Ferrocarril, 53

Partida Mas dels Frares, s/n Tel: 964 302 662

SCHOOL " GENERALITAT Avda. Ferrandis Salvador, 49

Tel: 964 463 885

PLAYGROUND

C/ Torre de Sant Vicent . s/r

C/ Colombia // Av. del Ferrocarril, 47

SPORTS AREA ON THE BEACH

FACILITIES

DANCE SCHOOL Tel: 678 363 337

Tennis.paddle, iai alai.

C/ Madre Ma Antonia de Oviedo. 3 Tel: 964 300 017

BENI-SPORT GYM C/ Els Dolors, 124 Tel: 964 302 551

> SPORT-SALUT GYM C/ Isaac Peral, 2 Tel: 691 835 045

ENERGYFIT BENICÀSSIM C/ Secretario Chornet. 10 Tel: 665 164 645

C/ Dels Frares, s/n Tel:964 394 047 / 640 612 711

www.ripotenis.com

www.avto.benicassim.es/deportes/



active tourism





active tourism

Benicàssim enjoys both excellent weather conditions and accessible landscapes, which means it offers visitors a range of sports activities all year round. Whether you prefer indoor sports or like to get out into nature via your sport of choice, Benicàssim is the place for you.















CYCLO-TOURISM ROUTE



Benicàssim has a 16km circular cyclo-tourism route that will take you through all of the natural beauty spots and viewpoints. With hardly any gradient, it is suitable for old and young alike. It also has a number of resting points along the way where you can take five, or simply stop and enjoy the natural surroundings.

VÍA VERDE DEL MAR "GREEN WAY"



The old railroad that used to connect Benicàssim and Oropesa del Mar has been transformed into what is called a "Green Line". Dotted throughout Spain, these routes are great for walkers and cyclists alike. Extending for nearly 6km, this path will take you through Benicàssim's contrasting coastal landscapes.

As well as resting spots and panoramic views, the route runs through a Site of Community Importance: the area around Colomera tower is home to a flora and fauna microreserve devoted to preserving the biodiversity of native species.

SAILING SCHOOL





Located at Els Terrers beach, its facilities are fully-equipped for light sailing, windsurf and kayaking.

Opened in the mid eighties, the centre was the first sailing school established by the Generalitat Valenciana, the independent government of the Valencian Community.

It offers possible boarding school-type accommodation at the youth hostel Argentina $((+34)\ 964\ 558\ 400)$.

OTHER ACTIVITIES

You can also enjoy other sport activities, like bike hire, a grass football pitch, high performance gym, paddle tennis courts, tennis, pelota...







ROUTES THROUGH THE NATURAL PARK





Some short kilometres away from Benicàssim is the Desierto de las Palmas Natural Park which, contrary to what its name might suggest, is rich in flora, fauna and fascinating geological formations. Beyond the obvious possibilities for ecotourism, a cultural element is added when you think that this site has been home to mankind since the Neolithic period. We also find the monastery of the Carmelite monks, Miravet Castle, Vell Castle, Montornés Castle and St. Mary Magdelene's chapel.

With ten walking routes and three mountain bike routes to choose from, visitors can enjoy Benicàssim's heritage against a stunning backdrop. The geological formation of this natural park is particularly interesting, with sandstone, limestone and slates combining to give this landscape both its characteristic colour and its marvellous blooming which, in turn, explains the proliferation of unique plant communities.





SPORTS EVENTS





Benicàssim's facilities and welcoming climate mean that many sports events are held here throughout the year:

Oceanman Costa Azahar - May Open Beach Volleyball A2 - Torre San Vicente - summer

Beach handball tournament - June Summer assisted sports activities -

Municipal sports center - July

Beach rugby tournament (Miguel Mundo memorial) - July

Bartolo trail - July

Foot Volleyball Open Circuit - July Beach tennis tournament - July

Boat race Benicat - summer

Rototom Sunsplash's Open Water Swimming - August

10k Night - Benicàssim - August

Beach tennis tournament - August

Open Fishing contest - Petete Memorial - September Benicàssim tennis tournament - Torremar - September

Winter assisted sports activities -

Municipal sports center - September
Taekwondo Open International - October

San Silvestre's race Benicàssim - December





